

Lesson 4: Halting & Pivoting

Overview:

Ok, now that we understand how to interpret timing and movement when it comes to snappy drill movements (i.e. facing) vs. connected ones (i.e. marching), we can use this concept where it applies to moving!

Halting

Watch the corresponding video modules and fill in the blanks below so you have a running record of all the **positions and transitions** that take place when coming to a halt!

Taking the Last Step

On the command of execution, "Halt"

Take one more step of the exact size except that this step should be...

Foot Positions: _____ and _____

Leg Positions

Lower Leg: _____

Foot: _____

Weight Distribution: _____

Arm Position: _____

Closing the Feet to the Position of Attention

Feet Positions: _____ and _____

Leg Positions

Lower Leg: _____

Weight Distribution: _____

Arm Position: _____

Pivoting

Watch the corresponding video modules and fill in the blanks below so you have a running record of all the **positions and transitions** that take place when executing a pivot!

First Step into the Pivot

Because all steps “end” with weight in the middle...

Foot Transition: _____ to _____ (Weight Distribution)

Back Foot (Same as Normal Marching Step)

Transitions: _____ and _____ (Part of Foot: _____)

Transition 1

Upper Leg: _____

Lower Leg: _____

Foot: _____

Transition 2

Upper Leg: _____

Lower Leg: _____

Foot: _____

Foot Position: _____

Weight Distribution: _____

Front Foot

Foot Transition: _____ to _____ (Weight Distribution)

Arm Position Per My Service Manual: _____

Pivot

Foot Transition: _____ to _____ (Weight Distribution)

Back Foot

Foot Transition: _____

Foot Position: _____

Front Foot

Foot Transitions: _____ and _____

Weight Distribution: _____

First Step After Pivot

Because we've already ended with our weight to the front...

Back Foot (Same as Normal Marching Step)

Transitions: _____ and _____ (Part of Foot: _____)

Transition 1

Upper Leg: _____

Lower Leg: _____

Foot: _____

Transition 2

Upper Leg: _____

Lower Leg: _____

Foot: _____

Foot Position: _____

Weight Distribution: _____

Front Foot

Foot Transition: _____ to _____ (Weight Distribution)

The Next Steps

If you've ever played with Lego building blocks before, you know that you can assemble an infinite number of objects from a finite number of basic blocks. Drill is no different. Armed with the skills we've covered, you can assemble most every drill movement commonly executed in Regulation Drill (and even a great many in Exhibition Drill!)



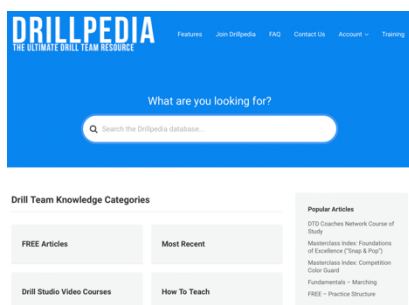
Want to “build” a column movement?

It's a combination of marching and pivoting with adjustments to the weight distribution (weight back for Half Steps) and amount of push (because a mathematical 24” or 30” step will travel every subsequent cadet behind the Element/Squad Leaders past the pivot point!).

Want to “build” a Mark Time?

For the Army, that's as simple as a lift with the upper leg at 15°, the lower leg neutral, and the foot neutral which gives you approximately the 2” distance specified in the Training Circular. Then, place the foot toes together, feet closed, with the weight distributed to the inside of the foot to keep a smooth balance as you repeat the technique with the opposite foot. Our Marine Corps and Navy friends can be more specific with the lower leg making it perpendicular and pointing the toe slightly to achieve the specified 2” inch distance from the ball of the foot and 4” distance from the heel.

Can you see how a strong understanding of fundamental movements coupled with the vocabulary to describe them can accelerate both the teaching and cleaning of each drill movement you execute?



Now it's time to put your foot on the gas and take your practice into overdrive!

If you need help along the way and are NOT already a full-fledged Drillpedia.net member, contact us today about gaining access to our entire resource library! If you purchased just this course and workbook and want to view even more content, we'll honor the cost of your purchase towards a full membership!

And if you're really looking to kick things into high gear, consider checking out our on-site offerings by visiting <http://www.drill-dynamics.com> to learn more!